



Blaydon Cycle Club

BLAYDON CYCLE CLUB PRESENTS

The 2up open time trial

The 2023 N&DCA TTT Championships

Saturday 15th April 2023

Course: M19

First Riders: 9:00am

Timekeepers: Frances Schultz & Peter Schultz

Event Secretary: Paul Wright, 134 Park Avenue, Whitley Bay, NE26 1AY

Email: paul@blaydon.cc

Tel: 07773377138

Results will be posted on the Northumberland & Durham Cycling Association Facebook page as soon as they are received from the Timekeepers on the afternoon of the event.



Promoted for and on behalf of Cycling Time Trials under their rules and regulations.



Blaydon Cycle Club

HQ/SIGN ON/SIGN OFF

Stannington First School Church Road. NE61 6HJ

Riders will be able to sign on from 8:15am

There is LIMITED parking at the School or Church but if these are full you must find other safe parking in the village. if you can ride to the event please do.. The toilet facilities are in the School. NO TURBOS IN THESE TWO CAR PARKS PLEASE.

There will be no post-race buffet but we will be providing teas and coffees after the event.

HQ is right by the start Start/Finish lines.

COURSE DETAILS

<https://www.cyclingtimetrials.org.uk/course-details/m20>

**** If you don't know the course, please familiarise yourself with it prior to the event****

START at lay by on the left, approximately 30 metres past First School, West of Stannington, on Church Road and proceed on Church Road towards Tranwell Village, via Bets Lane and then through Tranwell until T junction with the B6524. Turn left onto B6524 and continue along B6524 until taking the second left, Gubeon (sign posted Ponteland). Continue past Kirkley Hall and Gardens onto North Road and onto Ponteland. Turn left onto Berwick Hill Road. Proceed up to Berwick Hill and north east past Horton Grange to the T-junction with the old A1 /Blagdon road. Turn left on the old A1 and continue down slip road to join the A1 northbound dual carriageway. Proceed north for approx. 1/3 mile to take the slip road leading to Stannington Village, To FINISH on the slip road 25 metres before the Stannington Village sign.

Safety notes:

- Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users.

Riders:

- Be aware of sharp bends on the Stannington to Tranwell stretch of the course, in particular the right hand bend at St. Mary's Park. Take extra care at all road junctions, in particular passing through St Mary's, Tranwell Village and Ponteland.
- No U-turns to be made in the vicinity of the timekeeper(s).
- No dismounting in the finishing area and ensure speed is reduced prior to the 20MPH limit in Stannington.



Blaydon Cycle Club

Additional Information

Road surface conditions will be assessed periodically, and the current points should be taken in consideration by riders:

- 1. Road approximately 1.5 miles from start leading to St Mary's has surface FAIR to POOR in places with some potholes on the racing line.**
- 2. North Road, Ponteland- Surface POOR, with holes, ruts and loose surface.**

All riders to be aware that there are several stables on the course and the possibility of horses/riders on the course at any time. Caution when passing.

ALL RIDERS ARE REMINDED OF THEIR RESPONSIBILITY FOR "HEADS UP" RIDING AT ALL TIMES TO BE AWARE OF HAZARDS.

Note: The Start is just within the village 20mph limit, but this should not present a problem from a standing start.

All riders to be aware that many roads are in places, suffering from poor surface conditions and as such, should adopt caution and keep their head up, to ensure their own safety.

- You must look ahead and not ride with your head down
- No dismounting in the finishing area.
- DO NOT warm-up on the course once the event has started.
- For those competing on ROAD BIKES, please also complete the separate "road bike" sheet so that your time can be pulled out from final set of results. When competing on road bikes, the rider must not use tri-bars on their machine, wheels deeper than 60mm, aero helmets with built-in visors and trip socks. Skin suits are permitted – please refer to the N&DCA website for further details (<http://www.nanddca.co.uk/>).
- Each rider must sign on for themselves and nobody else. Once the course has been completed, please remember to sign out.
- If you forget to sign out, you will be recorded as a "DNF" on the results sheet.
- Junior riders should bring a completed Parental Consent form in order to be allowed to ride. To assist the Timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations.



Blaydon Cycle Club

- If your number is too high, the Timekeepers may not be able to see it. The number shall be centrally positioned below the waist so as to be clearly visible from the rear when the rider is in his/her normal riding position.

SAFETY NOTES

- Vehicles of Competitors / Officials / Marshals / Helpers to be parked safely and without hindrance to other road users.
- All riders are responsible for their own safety.
- Any additional safety information will be provided at sign-on.
- Your machine must have a working front & rear light (flashing or constant) to be permitted to race. In the interests of your own safety, Cycling Time Trials and the event promoters you MUST wear a HARD-SHELL HELMET that meets an internationally accepted safety standard.
- All competitors MUST wear a hard-shell helmet.
- It is your responsibility to ensure that your machine is roadworthy and that you ride safely at all times.
- You must not take pace or shelter from any other vehicle or competitor (no drafting) – failure to comply may lead to disciplinary action being taken.

ADDITIONAL NOTES TO COMPETITORS:

Signing-on Sheet and Signing-out Sheet

(a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official signing-on sheet when collecting their number.

(b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must sign the official signing-out sheet. A rider who fails to so sign the official signing-out sheet shall be recorded as DNF.

This event may be subject to a Doping Control As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board. If your number is displayed you should report immediately to Doping Control which will be



Blaydon Cycle Club

nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

AWARDS CATEGORIES

N&DCA Men's TTT Champs

N&DCA Women's TTT Champs

Junior/Juvenile Pair

Men's Vet Pair

Women's Vet Pair

Mixed Sex Pair

There will be NO CASH PRIZES

RESULTS

We will announce all winner after the event AND These will be made available on the N&DCA Facebook page later in the day as well as being emailed out to competitors.

Please contact the Event Secretary before the Event day if you have any queries/concerns/comments on any of the above,